

Connect To L.I.F.E. - Manna

Introductory comments

Today we are talking about connecting to instruction

The Bible is and should be our sole
authority for faith and practice

**4 He answered, "It is written:
Man must not live on bread
alone but on every word that
comes from the mouth of God."**

Matthew 4:4

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The stories that God has preserved in the Old Testament are for our instruction today

4 For whatever was written in the past was written for our instruction, so that we may have hope through endurance and through the encouragement from the Scriptures.

Romans 15:4

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11 These things happened to them as examples, and they were written for our instruction, on whom the ends of the ages have come.

1 Corinthians 10:11

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1 The entire Israelite community departed from Elim and came to the Wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had left the land of Egypt. 2 The entire Israelite community grumbled against Moses and Aaron in the wilderness. 3 The Israelites said to them, "If only we had died by the Lord's hand in the land of Egypt, when we sat by pots of meat and ate all the bread we wanted. Instead, you brought us into this wilderness to make this whole assembly die of hunger!"

Exodus 16

4 Then the Lord said to Moses, "I am going to rain bread from heaven for you. The people are to go out each day and gather enough for that day. This way I will test them to see whether or not they will follow my instructions. 5 On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days."

Exodus 16

6 So Moses and Aaron said to all the Israelites, "This evening you will know that it was the Lord who brought you out of the land of Egypt, 7 and in the morning you will see the Lord's glory because he has heard your complaints about him. For who are we that you complain about us?" 8 Moses continued, "The Lord will give you meat to eat this evening and all the bread you want in the morning, for he has heard the complaints that you are raising against him. Who are we? Your complaints are not against us but against the Lord."

Exodus 16

9 Then Moses told Aaron, "Say to the entire Israelite community, 'Come before the Lord, for he has heard your complaints.' " 10 As Aaron was speaking to the entire Israelite community, they turned toward the wilderness, and there in a cloud the Lord's glory appeared.

11 The Lord spoke to Moses, 12 "I have heard the complaints of the Israelites. Tell them: At twilight you will eat meat, and in the morning you will eat bread until you are full. Then you will know that I am the Lord your God."

Exodus 16

13 So at evening quail came and covered the camp. In the morning there was a layer of dew all around the camp. 14 When the layer of dew evaporated, there were fine flakes on the desert surface, as fine as frost on the ground. 15 When the Israelites saw it, they asked one another, "What is it?" because they didn't know what it was.

Exodus 16

Moses told them, "It is the bread the Lord has given you to eat. 16 This is what the Lord has commanded: 'Gather as much of it as each person needs to eat. You may take two quarts per individual, according to the number of people each of you has in his tent.' "

Exodus 16

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17 So the Israelites did this. Some gathered a lot, some a little.
18 When they measured it by quarts, the person who gathered a lot had no surplus, and the person who gathered a little had no shortage. Each gathered as much as he needed to eat. 19 Moses said to them, "No one is to let any of it remain until morning." 20 But they didn't listen to Moses; some people left part of it until morning, and it bred worms and stank. Therefore Moses was angry with them.

Exodus 16

21 They gathered it every morning. Each gathered as much as he needed to eat, but when the sun grew hot, it melted. 22 On the sixth day they gathered twice as much food, four quarts apiece, and all the leaders of the community came and reported this to Moses. 23 He told them, "This is what the Lord has said: 'Tomorrow is a day of complete rest, a holy Sabbath to the Lord. Bake what you want to bake, and boil what you want to boil, and set aside everything left over to be kept until morning.' "

Exodus 16

24 So they set it aside until morning as Moses commanded, and it didn't stink or have maggots in it. 25 "Eat it today," Moses said, "because today is a Sabbath to the Lord. Today you won't find any in the field. 26 For six days you will gather it, but on the seventh day, the Sabbath, there will be none."

Exodus 16

27 Yet on the seventh day some of the people went out to gather, but they did not find any. 28 Then the Lord said to Moses, "How long will you refuse to keep my commands and instructions? 29 Understand that the Lord has given you the Sabbath; therefore on the sixth day he will give you two days' worth of bread. Each of you stay where you are; no one is to leave his place on the seventh day." 30 So the people rested on the seventh day.

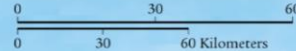
Exodus 16

31 The house of Israel named the substance manna. It resembled coriander seed, was white, and tasted like wafers made with honey. 32 Moses said, "This is what the Lord has commanded: 'Two quarts of it are to be preserved throughout your generations, so that they may see the bread I fed you in the wilderness when I brought you out of the land of Egypt.' "

Exodus 16

33 Moses told Aaron, "Take a container and put two quarts of manna in it. Then place it before the Lord to be preserved throughout your generations." 34 As the Lord commanded Moses, Aaron placed it before the testimony to be preserved. 35 The Israelites ate manna for forty years, until they came to an inhabited land. They ate manna until they reached the border of the land of Canaan. 36 (They used a measure called an omer, which held two quarts.)

Exodus 16



ROUTE OF THE EXODUS

- City
- ▲ Proposed site for Mt. Sinai
- ⊙ Fortress site
- Route from Egypt to Mt. Sinai
- Route from Mt. Sinai to Kadesh-barnea
- Route from Kadesh-barnea to the area of Mt. Nebo

We need orientation of the way through
the wilderness and daily sustenance to
carry us through the journey

God has given us the Holy Spirit as a guide
and he gives us daily instruction through
His word

1. The *Mystery* of the Manna

15 When the Israelites saw it, they asked one another, "What is it?" because they didn't know what it was. Moses told them, "It is the bread the Lord has given you to eat.

Exodus 16:15

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The word manna is actually a phrase in Hebrew that literally means “What is it?”

25 There is a way that seems right to a person, but its end is the way to death.

Proverbs 16:25

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We are in desperate need of instruction, because our own instincts can not be trusted when it comes to our eternal well-being.

**16 All Scripture is inspired by
God and is profitable for
teaching, for rebuking, for
correcting, for training in
righteousness,**

2 Timothy 3:16–17

**17 so that the man of God may
be complete, equipped for every
good work.**

2 Timothy 3:16–17

CSB

When we look at the description of the manna we see its parallel in what the bible tells us about God's word

4 Then the Lord said to Moses, "I am going to rain bread from heaven for you..."

Exodus 16:4

CSB

89 Lord, your word is forever; it
is firmly fixed in heaven.

Psalm 119:89

CSB

20 Above all, you know this: No prophecy of Scripture comes from the prophet's own interpretation, 21 because no prophecy ever came by the will of man; instead, men spoke from God as they were carried along by the Holy Spirit.

2 Peter 1:20–21

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14 When the layer of dew evaporated, there were fine flakes on the desert surface, as fine as frost on the ground.

Exodus 16:14

CSB

35 Help me stay on the path of
your commands, for I take
pleasure in it.

Psalm 119:35

CSB

**37 Turn my eyes from looking at
what is worthless; give me life in
your ways.**

Psalm 119:37

CSB

31 ... It resembled coriander seed, was white, and tasted like wafers made with honey.

Exodus 16:31

CSB

103 How sweet your word is to
my taste— sweeter than honey
in my mouth.

Psalm 119:103

CSB

17 So the Israelites did this. Some gathered a lot, some a little. 18 When they measured it by quarts, the person who gathered a lot had no surplus, and the person who gathered a little had no shortage. Each gathered as much as he needed to eat.

Exodus 16:17–18

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2. The Meaning of the Manna

God was using this method of feeding them to shape and mold them, just as He does us

4 Then the Lord said to Moses, "I am going to rain bread from heaven for you. The people are to go out each day and gather enough for that day. This way I will test them to see whether or not they will follow my instructions.

Exodus 16:4

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The Lord was teaching them devotion

The Lord was teaching them dependence

They could not live and realize their true purpose without Him

10 A thief comes only to steal and kill and destroy. I have come so that they may have life and have it in abundance.

John 10:10

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*“Freedom is the ability
not to insist on my
rights, but to see that
God gets His.”*

OSWALD CHAMBERS



The Lord was teaching them a proper
desire

8 Moses continued, "The Lord will give you meat to eat this evening and all the bread you want in the morning, for he has heard the complaints that you are raising against him. Who are we? Your complaints are not against us but against the Lord."

Exodus 16:8

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4 The riffraff among them had a strong craving for other food. The Israelites wept again and said, "Who will feed us meat? 5 We remember the free fish we ate in Egypt, along with the cucumbers, melons, leeks, onions, and garlic. 6 But now our appetite is gone; there's nothing to look at but this manna!"

Numbers 11:4–6

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4 The riffraff among them had a strong craving for other food. The Israelites wept again and said, "Who will feed us meat?"

Numbers 11:4

CSB

You can tell what a person is by what he feeds on.



God gave them manna to test and to train them

3. The Method of the Manna

A. There must be a hunger

16 This is what the Lord has commanded: 'Gather as much of it as each person needs to eat.'

Exodus 16:16

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6 Blessed are those who hunger and thirst for righteousness, for they will be filled.

Matthew 5:6

CSB

B. There must be humility

14 When the layer of dew evaporated, there were fine flakes on the desert surface, as fine as frost on the ground.

Exodus 16:14

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C. There must be habit

21 They gathered it every morning. Each gathered as much as he needed to eat, but when the sun grew hot, it melted.

Exodus 16:21

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